

## PERSONAL INFORMATION

**Miroslava Žilinská**

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## POSITION

**Consultant to document advanced practices of harm reduction funding.**

## WORK EXPERIENCE

01/06/2009–Present

**Program manager, outreach worker**

OZ Odysseus, Bratislava (Slovakia)

outreach work with people who inject drugs, sex workers; counseling, project coordination, fundraising, PR, administrative work, personal management

05/09/2015–21/12/2015

**School psychologist**

Súkromná stredná umelecká škola animovanej tvorby, Vlastenecké námestie 1, Bratislava

09/2013–30/06/2015

**School psychologist**

OA Obchodná akadémia, Nevádzova 3, Bratislava

01/02/2012–01/02/2013

**Volunteer - International working group member**

Youth RISE

project implementation, resources development, advocacy

2007–2009

**Volunteer working with visually impaired youth**

Združenie nevidiacej a slabozrakej mládeže, Bratislava (Slovakia)

project coordination, translation, development, organizing and realisation of the leisure time for youth with visual impairment

## EDUCATION AND TRAINING

01/09/2010–30/06/2013

**Mgr. - Master of Arts**

EQF level 7

Comeniuss University, Faculty of Arts,, Bratislava (Slovakia)

Psychology

01/09/2011–30/06/2012

**MA. - Master of Arts**

EQF level 7

Central European University, Budapest (Hungary)

Gender studies

01/09/2010–30/06/2011

**Additional pedagogic education for teaching purposes**

Comenius university, Faculty of Arts, Department of Pedagogy, Bratislava (Slovakia)

**PERSONAL SKILLS**

Mother tongue(s) Slovak

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C2	C1	C1	C1
French	B1	B1	A1	A1	A1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user  
 Common European Framework of Reference for Languages

Communication skills

I acquired excellent communication skills while working with young people of different ages and adults from vulnerable communities as well as a member of the various working groups and municipal level.

Organisational / managerial skills

As long-term project coordinator and volunteer I developed excellent organizational and management skills, whether in human resources management or management of assets and shares.

Job-related skills

Tutoring, lecturing and facilitation groups at the advanced level  
 Counseling skills at a high level (psychological, social and legal counseling, advice on drug use, sexual health, violence and HIV / AIDS)  
 Motivational interviewing - intermediate.  
 Project Management - Advanced  
  
 Accounting - Basics

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent user	Basic user	Independent user	Basic user	Independent user

[Digital competences - Self-assessment grid](#)

Driving licence

B

**ADDITIONAL INFORMATION**

Certifications

Participative procedures training for lecturers, trainers and professionals in adult education in the scope of 18 hours  
 Management training program of volunteers in 32 hours  
 Presentation skills training in the scope of 14 hours  
 Workshop Working with involuntary clients and clients in resistance ranging from 14 hours  
 Internal training Odyseus to develop communication and counseling skills, work with victims of violence and crisis intervention, more than 60 hours total

Publications

ŽILINSKÁ, M., CHOVANCOVÁ, I. 2016. Výzvy injekčného užívania drog medzi mladými ľuďmi. [Challenges of injecting drug use among young people. in Youth Work]. In Práca s mládežou - výzvy a trendy. Zborník z medzinárodnej konferencie. [Challenges and trends. Conference summary report of the International Conference]. [online]. Available: <http://mladezulice.sk/wp-content/uploads/2015/01/Zbornik%20ADk-Pr%C3%A1ca-s-ml%C3%A1de%C5%BEou-v%C3%BDzvy-a-trendy.pdf>

- CHOVANCOVÁ, I., ŽILINSKÁ, M., FILKO, M., HOJČÍKOVÁ, M., MACH, J., MELIORIS, L. 2015. Cost-effective Yet Underfunded: The Harm Reduction Programme of Odysseus in Slovakia. [online] Available at: <http://drogriporter.hu/node/2773>
- ŽILINSKÁ, M., CHOVANCOVÁ, I. 2015. Odysseus Calls for Common Solutions on Drugs in Slovakia. [online] Available at: [http://drogriporter.hu/en/slovak\\_film](http://drogriporter.hu/en/slovak_film)
- CHOVANCOVÁ, I., ŽILINSKÁ, M. 2014. Zapájanie ľudí, ktorí injekčne užívajú drogy do programu výmeny injekčných striekačiek. [The involvement of people who inject drugs in the syringe exchange program]. In Harm Reduction-Aplikácia filozofie znižovania rizík v pomáhajúcich profesiách. [online]. Nitra : Združenie Storm. p. 89-95. Available at: <http://www.zdruzeniestorm.sk/onas/nastiahnutie/ine/zbornik-harm-reduction.pdf>
- CHOVANCOVÁ, I., ŽILINSKÁ, M. 2013. Harm Reduction Services in Slovakia at the stake. In *Correlation. Policy Paper : Who is paying the price for austerity?*, 2013, no.3, p.8-9.
- CHOVANCOVÁ, I., ŽILINSKÁ, M. 2013. Drug Overdose in People Who Inject Drugs in the Capital of Slovakia - research report. In *CORRELATION Newsletter*, 2013, no.1, p.6.
- ŽILINSKÁ, M. 2010. Masmediálny stereotyp žien pracujúcich v sex-biznise: analýza dát zo slovenských printových médií. [Mass media stereotypes of female sex workers: analysis of data from the Slovak print media]. In: MARKOVÁ, B. (Ed): *Sexuality IV: Zborník vedeckých príspevkov*. [Sexuality IV: Conference summary of scientific contributions]. Bratislava: Univerzita Komenského.

- References** Mgr. Iveta Chovancová - C.A. Odysseus, director +421 903 786 706, [chovancova@ozodyseus.sk](mailto:chovancova@ozodyseus.sk)  
PhDr. Mária Balážová, Research Institute for Child Psychology and Patopsychology, [phdr.maria.balazova@gmail.com](mailto:phdr.maria.balazova@gmail.com), +421 911 536 599  
PhDr. Katarína Jirešová, former director of C.A. Odysseus, [katjir@yahoo.com](mailto:katjir@yahoo.com)